

M E N U

October 15 to 19, 2018

	Breakfast	Lunch	Snack
Monday	Cold Cereal Orange Juice Milk Tod: Mixed Fruit	Cheesy Rice Mixed Vegetables Fruit Cocktail Milk	Applesauce Bar Milk
Tuesday	Bagel w/ Cream Cheese Peaches Milk	BBQ Turkey Burger *Grilled Cheese Sandwich Whole Grain Bun Carrots Pears Milk	Apple Wedges Graham Crackers Milk Tod: Stewed Apples
Wednesday	Yogurt Granola Grape Juice Milk Tod: Grapes	Breaded Fish *Black Bean Quesadilla Broccoli Medley Pineapple Milk	Cinnamon Muffin Bar Milk
Thursday	Whole Grain Waffles Mandarin Oranges Milk	Chicken Lo Mein *Tofu Lo Mein Stir Fry Vegetables Tropical Fruit Milk	Whole Grain Dinner Roll Milk
Friday	Fresh Fruit Croissant Milk	Cheese Pizza Green Beans Peaches Milk	Fruit Salad Vanilla Wafers Milk

*Vegetarian substitution

Tod= Toddler substitution

Hilltop is an equal opportunity provider and employer.

Our menu can be found on our website at hilltop.ku.edu