<table>
<thead>
<tr>
<th></th>
<th>Breakfast</th>
<th>Lunch</th>
<th>Snack</th>
</tr>
</thead>
<tbody>
<tr>
<td>Monday</td>
<td>Cold Cereal</td>
<td>Baked Mushroom Ziti</td>
<td>Pumpkin Muffin Bar Milk</td>
</tr>
<tr>
<td></td>
<td>Orange Juice</td>
<td>Broccoli</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Milk</td>
<td>Peaches</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Tod: mixed fruit</td>
<td>Milk</td>
<td></td>
</tr>
<tr>
<td>Tuesday</td>
<td>Whole Grain Waffle</td>
<td>Chicken Taco Bake</td>
<td>Baby Carrots</td>
</tr>
<tr>
<td></td>
<td>Apple Wedges</td>
<td>*Black Bean Taco Bake</td>
<td>Vegetable Dip</td>
</tr>
<tr>
<td></td>
<td>Milk</td>
<td>Corn</td>
<td>Milk</td>
</tr>
<tr>
<td></td>
<td>Tod: applesauce</td>
<td>Pineapple</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>Milk</td>
<td>Tod: stewed carrots</td>
</tr>
<tr>
<td>Wednesday</td>
<td>English Muffin</td>
<td>Beef Pot Pie</td>
<td>Fruit Salad</td>
</tr>
<tr>
<td></td>
<td>Apple Juice</td>
<td>*Cheesy Flatbread</td>
<td>Vanilla Wafers</td>
</tr>
<tr>
<td></td>
<td>Milk</td>
<td>Carrots</td>
<td>Milk</td>
</tr>
<tr>
<td></td>
<td>Tod: grapes</td>
<td>Fruit Cocktail</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>Milk</td>
<td></td>
</tr>
<tr>
<td>Thursday</td>
<td>Bagel &amp; Cream</td>
<td>BBQ Turkey Burger</td>
<td>Chips &amp; Salsa</td>
</tr>
<tr>
<td></td>
<td>Cheese</td>
<td>Whole Grain Bun</td>
<td>Milk</td>
</tr>
<tr>
<td></td>
<td>Pear Wedges</td>
<td>*Grilled Cheese Sandwich</td>
<td>Tod: flour tortillas</td>
</tr>
<tr>
<td></td>
<td>Milk</td>
<td>Green Beans</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Tod: stewed pears</td>
<td>Pears</td>
<td></td>
</tr>
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<td></td>
<td></td>
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<td>Tod: flour tortillas</td>
</tr>
<tr>
<td>Friday</td>
<td>Fresh Fruit</td>
<td>Chicken Minestrone</td>
<td>Snack Mix</td>
</tr>
<tr>
<td></td>
<td>Toast</td>
<td>*White Bean Minestrone</td>
<td>Milk</td>
</tr>
<tr>
<td></td>
<td>Milk</td>
<td>Mixed Vegetables</td>
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<tr>
<td></td>
<td>Tod: bananas</td>
<td>Apricots</td>
<td>Tod: mixed fruit</td>
</tr>
</tbody>
</table>

*Vegetarian substitution | Tod=Toddler substitution | Hilltop is an equal opportunity provider and employer.

Our menu can be found on our website at hilltop.ku.edu