

MENU

October 14 to 18, 2019

Breakfast

Lunch

Snack

Monday

+Cold Cereal
Orange Juice
Milk

Tod: Mandarin Oranges

Cheese Pizza
Broccoli
Fruit Cocktail
Milk

+Blueberry Muffin Bar
Milk

Tuesday

+English Muffins
Orange Wedges
Milk

Tod: Fruit Cocktail

Turkey & Swiss Cheese Sandwich
*Grilled Cheese
Corn
Peaches
Milk

Fruit Salad
Vanilla Wafers
Milk

Wednesday

Biscuits & Jelly
Grape Juice
Milk

Tod: Grapes

+Turkey Corn Dogs
*Cheese Quesadillas
Mixed Vegetables
Apricots
Milk

Cheese & Crackers
Milk

Thursday

+Zucchini Bread
Pear Wedges
Milk

Tod: Canned Pears

Hamburgers
*Garden Burgers
+Whole Grain Buns
Carrots
Pineapple
Milk

Cranberry Muffin Bar
Milk

Friday

Fresh Fruit
+Whole Grain Toast
Milk

Tod: Canned Peaches

Macaroni & Cheese
Cauliflower
Tropical Fruit
Milk

Chips & Salsa
Milk

Tod: Tortillas

**Vegetarian substitution Tod=Toddler substitution +=Whole grain serving Hilltop is an equal opportunity provider and employer.
Our menu can be found on our website at hilltop.ku.edu*